



# GROWTH MINDSET

Success starts with believing you can!

## Instead of

## Try Thinking

I can't do it.

I'm still learning, so I will keep trying.

I'm not good at this.

What can I learn to get better at this?

It's good enough.

Is this the best I can do?

It's too hard.

With more practice it will get easier.

I'm afraid of making mistakes.

Mistakes are how I learn and get better.

My friends are better than I am at it.

What can I learn from them to get better?

I don't know how.

I should learn and try my best.

I can't make this any better.

I can always find ways to improve!

I give up.

I can try a different way!